

Box 5 – Formulations of oral iron therapies in Australia

Brand name	Formulation	Elemental iron content
Ferro-tab*	<ul style="list-style-type: none"> • Ferrous fumarate 200 mg 	65.7 mg
Ferro-F-tab*	<ul style="list-style-type: none"> • Ferrous fumarate 310 mg • Folic acid 350 µg 	100 mg
Ferro-liquid*	<ul style="list-style-type: none"> • Ferrous sulfate heptahydrate 30 mg/mL 	6 mg/mL
Ferro-Gradumet	<ul style="list-style-type: none"> • Ferrous sulfate 325 mg • Controlled-release tablets 	105 mg
Ferrograd C	<ul style="list-style-type: none"> • Ferrous sulfate 325 mg • Vitamin C 500 mg • Controlled-release tablets 	105 mg
Maltofer	<ul style="list-style-type: none"> • Iron polymaltose 370 mg 	100 mg
FGF†	<ul style="list-style-type: none"> • Ferrous sulfate 250 mg • Folic acid 300 µg • Controlled-release tablets 	80 mg
Fefol†	<ul style="list-style-type: none"> • Ferrous sulfate 270 mg • Folic acid 300 µg • Controlled-release capsules 	87 mg

* Pharmaceuticals Benefits Scheme. † Ferrous preparations with folic acid are designed for treatment during pregnancy. In anaemic subjects, serum iron, B12 and folate levels should be tested and if subjects are folate deficient, a therapeutic dose of 5 mg daily prescribed. Administration of folic acid combined with iron but without checking folate or B12 levels may precipitate subacute combined degeneration of spinal cord in patients who are B12 deficient.